

Making Disciples @ 121cc

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What this resource is:

This provides a roadmap of topics to work through when helping someone grow as a follower of Jesus.

Areas of growth are broken down into what to **know**, what to **be** and what to **do**. Each of these is divided into three main topics, and each topic includes three or four individual bible studies including 5 passages of Scripture.

This is, of course, not an exhaustive list of topics or verses, but this format could easily be applied to other topics to be studied.

How to use this resource:

Instead of a typical question and answer Bible study, these studies are designed to teach basic discovery bible study skills while exploring and learning what the Bible teaches for each of these topics.

You can start at the beginning of the list of topics and work straight through, but it is designed so that you can go in any order you want and study whatever topic is most needed at the time. If the person you are working with already has a good understanding and application in a certain area, move on to something else.

For each topic and set of verses, process through four basic steps.

1. Assess – Establish a starting point.
2. Abide – Find out what the Bible says about it.
3. Align – Line up how we live with the truth of Scripture.
4. Advance – Apply what has been learned.

The suggested questions will be the same for each set of verses. Not all questions need to be asked every time.

Benefits of the Discovery Approach:

- There is some guidance in terms of the passages selected, but they are discovering truth for themselves.
- Open-ended questions encourage listening for the Holy Spirit to teach them instead of trying to find the right answer to a question.
- The method is easily reproducible as they seek to do the same with someone else.
- It can easily be expanded by finding additional verses or more topics to study.

Questions to Consider

For each topic and set of verses, process through these four basic steps. The suggested questions will be the same for each set of verses. Not all questions need to be asked every time.

1. **Assess:** Find out where they are now.
 - Is this an area where you want to grow?
 - Where would you say you are now in your understanding and application of this?
 - Where would you like to be?

2. **Abide:** Together, read and discuss the verses provided to see what the Bible says.
 - What does it say?
 - What does it say about God?
 - What does it say about people? About you?

3. **Align:** Consider how to live more in line with what the Bible says.
 - What does this mean to you?
 - What makes this important?
 - What is keeping you from moving forward in this area?
 - How could having a deeper understanding or application of this truth make a difference in your life?
 - What is God saying to you about this?

4. **Advance:** How to apply what has been discovered.
 - What is a first step you can take to move forward?
 - What does God want you to do with what He has shown you?
 - What is something you can share with someone else?

General Resources

- [8 Ways to Follow Jesus - 121 Community Church - Grapevine, TX \(121cc.com\)](#)
- [Discipleship Resources \(navigators.org\)](#) navigators.org/navtools
- The 2:7 Series by NavPress
 - 1 – Growing Strong in God's Family
 - 2 – Deepening Your Roots in God's Family
 - 3 – Bearing Fruit in God's Family
- Design for Discipleship Series by NavPress
 - Book 1 "Your Life in Christ"
 - Book 2 "The Spirit-Filled Follower of Jesus"
 - Book 3 "Walking with Christ"
 - Book 4 "The Character of a Follower of Jesus"
 - Book 5 "Foundations for Faith"
 - Book 6 "Growing in Discipleship"
 - Book 7 "Our Hope in Christ" – Bible study in 1 Thessalonians
- *Experiencing God's Attributes* by Warren and Ruth Myers
- *Growing in Christ* – The Navigators
- *A Woman's Journey of Discipleship* (3 books) by Ruth Fobes, Gigi Busa, Judy Miller, and Diane Manchester
- *The Gentle Art of Discipling Women* by Dana Yeakley
- *The Ways of the Alongsider* by Bill Mowry
- *Coach the Bible* by Dennis Blevins – coachthebible.com – [Coach The Bible - A Guide to Help Coach The Bible - for Leaders, Pastors and Coaches](#)
- *The Navigator Bible Study Handbook* – by The Navigators
- *Scripture Memory Tools:*
 - *The Bible Memory App* – biblememory.com
 - *Topical Memory System* – NavPress

Know:

1. Who God Is – Father, Son, and Holy Spirit

a. Importance of Knowing Who God Is

- Jeremiah 9:23-24
- 1 John 5:20
- Ephesians 1:17-19
- Colossians 2:2-3
- Lamentations 3:19-23

Specific Resources:

- Attributes of God Verses
- *Experiencing God's Attributes* by Warren and Ruth Myers

b. The Person of Jesus

- John 1:1, 14
- John 3:16-17
- Philippians 2:8-11
- Colossians 1:15-20
- 1 Peter 2:21-24

Specific Resources:

- Who Jesus is by The Navigators and Jack Kuhatschek
- Design for Discipleship – Book 1 “Your Life in Christ” by NavPress

c. The Person of the Holy Spirit

- Genesis 1:2
- Isaiah 11:2
- John 14:16-17
- John 16:13-14
- 1 Corinthians 3:16

Specific Resources:

- *Design for Discipleship – Book 1 “Your Life in Christ”* by NavPress
- *Design for Discipleship – Book 5 “Foundations for Faith”* by NavPress

2. The Gospel

a. What the Gospel is

- Roman 3:23, Romans 3:10-12
- Romans 5:8
- Romans 6:23
- Romans 10:9-10
- John 6:47

- b. Grace and Mercy
 - o Ephesians 2:8-9
 - o Hebrews 4:15-16
 - o Acts 4:33
 - o 2 Timothy 2:1
 - o Isaiah 30:18

- c. Assurance of Salvation
 - o 1 John 5:11-12
 - o Romans 8:28-30
 - o Psalm 103:12
 - o Isaiah 1:18
 - o John 1:12

3. Our Identity in Christ

- a. Who We Are in Christ
 - o 2 Corinthians 5:17
 - o 1 Peter 2:9-10
 - o Philippians 3:20-21
 - o Ephesians 2:10
 - o Ephesians 4:15-16

- b. Assurances in Christ
 - o 1 Corinthians 10:13 Victory over Temptation
 - o 1 John 1:9 Forgiveness
 - o Proverbs 3:5-6 Guidance
 - o John 16:24 Answered Prayer
 - o 2 Timothy 3:16 Reliability of Scripture

Specific Resources:

- Nav Press: The 5 Assurances Study and Verse Pack

- c. Eternal Security
 - o 1 John 5:13
 - o John 10:24-30
 - o Romans 14:4
 - o Ephesians 1:13-14
 - o John 5:24

Be:

1. Living by the Spirit

a. Fruit of the Spirit

- Galatians 5:22-23
- Acts 1:8
- Acts 6:10
- Galatians 4:6
- Matt 10:19-20

b. Gifts of the Spirit

- Ephesians 4:11-16
- 1 Peter 4:10-11
- 1 Corinthians 12:4-11
- 1 Corinthians 12:27-13:1
- Romans 12:3-8

Specific Resources:

- [Spiritual Gifts Diagnostic Inventory - Public \(agolix.com\)](http://agolix.com)

c. Led by the Spirit

- Romans 8:26-27
- Galatians 5:25-26
- 1 Corinthians 2:12
- Ezekiel 36:27
- John 14:26

2. Being Christ's Disciple

a. Putting Christ First

- Matthew 6:33
- Luke 9:23
- Romans 12:1
- Colossians 3:23-24
- 2 Corinthians 5:14-15

b. Loving Others

- Romans 12:9-13
- 2 Corinthians 4:5
- 1 Peter 4:8-9
- 1 John 3:18
- John 13:34-35

Specific Resources:

- *Design for Discipleship – Book 4 “The Character of a Follower of Jesus”* by NavPress

c. Standing in the Truth

- o 1 Corinthians 15:58
- o Philippians 1:27
- o Jeremiah 17:7-8
- o Psalm 86:11-12
- o Matthew 7:24-27

Specific Resources:

- *Design for Discipleship – Book 3 “Walking with Christ”* by NavPress

3. Having a Heart for the Lost

a. Seeking God's Heart for People

- o Matt 9:36-38
- o John 4:35
- o John 3:16-17
- o Genesis 12:1-3
- o 1 Timothy 2:4

b. Develop World Vision

- o Matthew 28:18-20
- o Psalm 46:10
- o Jeremiah 1:5
- o Isaiah 54:2-3
- o Colossians 1:28-29

c. In the World But Not of It

- o Romans 12:2
- o 1 John 2:15-16
- o Hebrews 12:1-3
- o Colossians 4:5-6
- o John 17:11-19

Do:

1. Interacting with God

a. Study and apply Scripture (hand illustration)

- o Romans 10:17 Hear
- o Revelation 1:3 Read
- o Acts 17:11 Study
- o Psalm 119:9, 11 Memorize
- o Psalm 1:2-3 Meditate

Specific Resources:

- The Hand Illustration [navigators-the-word-hand.pdf](#)
- *The Navigator Bible Study Handbook* – by The Navigators

b. Quiet Time

- o Psalm 1:1-3
- o Psalm 27:4
- o Isaiah 50:4
- o Romans 15:4
- o Jeremiah 15:16

Specific Resources:

- Have a Quiet Time with them face-to-face, then a couple of phone calls to follow up with them.
- *Design for Discipleship – Book 2 “The Spirit-Filled Follower of Jesus”*

c. Prayer (what)

- o John 15:7
- o Jeremiah 33:3
- o 1 Thessalonians 5:17
- o Matthew 6:6-13
- o Psalm 34:4-5

d. Prayer (how)

- | | |
|------------------|-------------------------|
| o Psalm 38:18 | Praise |
| o Hebrews 13:15 | Thanksgiving |
| o James 1:5 | Confession |
| o Ephesians 5:20 | Pray for Others |
| o 1 Samuel 12:23 | Pray for Personal Needs |

Specific Resources:

- Pray [8 Ways Handout.cdr \(121cc.com\)](http://8WaysHandout.cdr(121cc.com))

2. Walking with Christ

a. Wheel Illustration

- | | |
|---------------------|-------------------|
| o Galatians 2:20 | Christ the Center |
| o Joshua 1:8 | The Word |
| o Philippians 4:6-7 | Prayer |
| o Hebrews 10:24-25 | Fellowship |
| o Romans 1:16 | Witnessing |
| o John 14:21 | Obedience |

Specific Resources:

- [The Wheel Illustration \(navigators.org\)](http://TheWheelIllustration(navigators.org))
- navigators-the-wheel.pdf

b. Put on the Armor of God

- o Ephesians 6:10-20
- o James 4:7-8
- o 2 Corinthians 10:4-5
- o Romans 13:12
- o 2 Chronicles 20:15

Specific Resources:

- [Armor-Updated-2020.pdf \(navigators.org\)](http://Armor-Updated-2020.pdf(navigators.org))

- c. Continue to Learn and Grow
 - o Philippians 1:6
 - o Ephesians 2:7
 - o Ephesians 3:17-19
 - o Hosea 6:3
 - o Philippians 3:7-8
 - o Philippians 2:12-13

3. Make Disciples

- a. Be Relational
 - o Philippians 1:3-11
 - o Philippians 3:21-26
 - o 1 Thess 2:7-12 & 2:17-20
 - o 1 Corinthians 9:19
 - o Luke 5:32-33

Specific Resources:

- These Launch Concepts are built to be Reproducible

- b. Share the Gospel
 - o Matthew 4:19
 - o 1 Peter 3:13-16
 - o Jeremiah 20:9
 - o Acts 4:12-13
 - o 2 Chronicles 16:23-24

Specific Resources:

- God's Story [8 Ways Handout.cdr \(121cc.com\)](#)
- [navigators-bridge-to-life.pdf](#)
- What if https://youtu.be/oJWkQ9UP_m8?si=s7hloEdNUrBUdatc

- c. Take to Next Generation
 - o 2 Timothy 2:1-2
 - o Philippians 3:17
 - o Philippians 4:9
 - o Joshua 11:15
 - o Psalm 78:1-7

Specific Resources:

- [Make Disciples - 121 Community Church - Grapevine, TX \(121cc.com\)](#)
- Multiplication vs Addition
- The Process Illustration
- Be at 3 Places at One Time
<https://youtu.be/Cg83OcfSnjU?si=Mg3SIVeISrpJ50YF>
- Making disciples thru our church
https://youtu.be/XE_T8RwDyTM?si=sfluoEhOsiysysxs
- Starting spiritual conversations <https://youtu.be/45yE-xmiMZE?si=M3PRvBmvphhc6whx>
- The Call to the Next Generations
https://youtu.be/d7rj93L7yjY?si=xh_tRiyTbbcnWSBi
- How to Start a Movement
https://youtu.be/fw8amMCVAJQ?si=pxapcXEF9lxXFo_F