



# MAKE DISCIPLES

## WHAT IS IT?

What is a disciple? A disciple is a follower, or learner, of Jesus. Jesus asked people to follow Him, go with Him, learn from Him, watch Him, live like Him, and teach others to do the same.

Jesus said to make followers of Him by:

- ▶ Going – Looking for opportunities to share our faith as we go through our normal rhythms of life
- ▶ Baptizing – Asking them to show others they are following Jesus
- ▶ Teaching – Showing them how to follow His commands

We teach them to obey Jesus. One way to do this is by leading them using the 8 Ways to Follow Christ.

As we make disciples of others, we are not only following His command, but we grow in our faith, knowledge, and dependence on Him. It is how we become more and more like Jesus.

## HOW CAN WE DO IT?

**We teach them to follow Jesus' greatest commands: Love God and Love our neighbors. Do so by living out these 8 ways to follow Jesus:**

MAKE DISCIPLES	REPENT & BELIEVE
BE BAPTIZED	ABIDE
PRAY	SERVE OTHERS
GIVE	TAKE THE LORD'S SUPPER

### By using the SALT method of teaching



On a note card or paper list people in your life, pray for them, ask God to make them fellow laborers. Ask God to whom can you pass on these 8 ways over the next several weeks. This is how we make disciples.

*Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”*

### MATTHEW 28:19-20

*As Jesus was walking beside the Sea of Galilee, he saw two brothers, Simon called Peter and his brother Andrew. They were casting a net into the lake, for they were fishermen. “Come, follow me,” Jesus said, “and I will send you out to fish for people.” At once they left their nets and followed him.*

### MATTHEW 4:18-20



*The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel.*

### MARK 1:15

*And when Jesus came to the place, he looked up and said to him, "Zaccheus, hurry and come down, for I must stay at your house today." So he hurried and came down and received him joyfully...." And Zaccheus stood and said to the Lord, "Behold, Lord, the half of my goods I give to the poor. And if I have defrauded anyone of anything, I restore it fourfold." And Jesus said to him, "Today salvation has come to this house."*

### LUKE 19:5-9

# REPENT & BELIEVE

## WHAT IS IT?

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**To repent** is to turn away from one thing and to turn towards another thing.

**To believe** is to accept something as true and place your trust in it.

Becoming a follower of Jesus Christ is to turn away from your former way of living, decide to live your life following Jesus Christ, trusting that He died for your sins and rose from the dead.

## HOW CAN WE DO IT?

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**Share God's complete story of Creation, Fall, Redemption, New Creation. You can think of it as chapters of a story.**

- ▶ **Ch.1 Creation** - God made everything and it was good.
- ▶ **Ch. 2 Fall** - People sinned and as a result sent everything into a state of brokenness and separation from God.
- ▶ **Ch. 3 Redemption** - God made a way to redeem the brokenness by sending Jesus to die for the penalty of sin.
- ▶ **Ch. 4 New Heaven & New Earth** - Now anyone who repents and believes in Jesus Christ has a relationship with God. However, things are still broken and there still is sin in this world, but there will be a day when Jesus returns, and He makes all things new.

**Then share your own story of when you encountered Christ using the same story arc!**

- ▶ **Ch. 1** - Describe your life before you were in a relationship with Jesus.
- ▶ **Ch. 2** - Describe how Christ encountered you and how you came into a relationship with him.
- ▶ **Ch. 3** - Describe the changes that Christ has made in your life since you came into a relationship with Him.
- ▶ **Ch. 4** - Describe some areas in your life where Christ is still working in you.

List people in your life who do not know Christ. Pray for God to save them, to give you opportunities to share God's story and your story.



# REPENT & BELIEVE

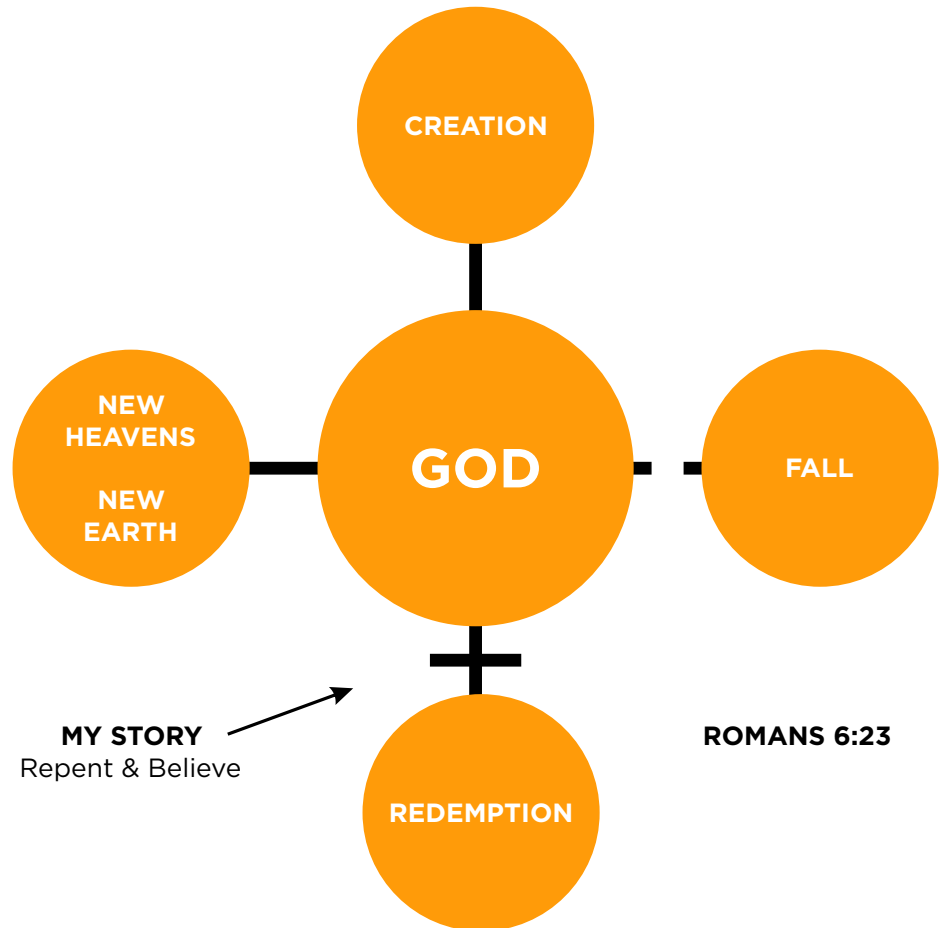
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## LUKE 19:5-9

## GOD'S STORY



**Where would you find yourself  
in God's story?**



*Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit.*

#### **MATTHEW 28:19**

*And the eunuch said to Philip, "About whom, I ask you, does the prophet say this, about himself or about someone else?" Then Philip opened his mouth and beginning with this Scripture he told him the good news about Jesus. And as they were going along the road they came to some water, and the eunuch said, "See, here is water! What prevents me from being baptized?" And he commanded the chariot to stop, and they both went down into the water, Philip and the eunuch, and he baptized him. And when they came up out of the water, the Spirit of the Lord carried Philip away, and the eunuch saw him no more, and went on his way rejoicing.*

#### **ACTS 8:34-40**

# BE BAPTIZED

## WHAT IS IT?

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Baptism means to immerse. It symbolizes a number of significant realities:

- ▶ Christ's death, burial, and resurrection.
- ▶ Cleansing and washing away of our sin.
- ▶ The believer's union with Christ in His death and resurrection.
- ▶ The new life in which a believer walks.

Baptism is for the believer who has expressed they have repented from their former ways and are now following Jesus Christ as Lord of their life. It is not an act of salvation. Salvation is by faith and faith alone.

The person is immersed in the water symbolizing they have been immersed into a death of their former sins. Then they are brought back up through the water symbolizing they are now alive in Christ.

It is following the command and example set by Jesus.

Baptism is also a participatory event with one's community of faith. As the person is baptized, their community is being reminded of the greater story of Christ's work on the cross.

## HOW CAN WE DO IT?

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It is an amazing picture of making disciples when you lead them to Christ and then you baptize them.

- ▶ You just need a body of water someone can be fully immersed in, for example a pool, tub, lake, or at the church building.
- ▶ We suggest sharing their story, and then right before you baptize the person say something like "Since you know Jesus Christ as your Lord and Savior, I baptize you in the name of the Father, Son, and Holy Spirit."
- ▶ The individual being baptized should bend their knees and then should use one of their hands to plug their nostrils, so water doesn't come rushing up in their nose.
- ▶ This is a celebration of new life in Christ, so when the believer comes up out of the water, CELEBRATE!



*Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.*

## JOHN 15:4-5

*Jesus tells us to abide in Him and he shows His disciples how. On the road to Emmaus in Luke 24:27, "beginning with Moses and all the Prophets, he interpreted to them in all the Scriptures the things concerning himself."*

*Through God's word, we can abide in Him, since all the scriptures point us to Him.*

# ABIDE

## WHAT IS IT?

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The word abide means to remain in Him. The image here is that of a branch (us) that stays attached and takes nourishment from the vine (Jesus).



- ▶ As we spend time in His Word, just like spending time with a friend, we grow closer to and more like Him.
- ▶ This is how we know Him: who He is, what He is like, what He has done, what He promises to do.
- ▶ We hear from God and abide in Him by reading, studying, memorizing, and meditating on His Word.

## HOW CAN WE DO IT?

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The Bible was written thousands of years ago and can, at first, be difficult to understand, but over time we become more familiar and will get more and more out of it.

Let the Holy Spirit be your teacher; ask Him for wisdom and guidance. We each have the same Spirit within us and He will lead us (John 16:12-15).

There are many different methods to approach God's Word, we will learn the Discovery Bible Study Method. Read through the scripture four times, each time asking one of these questions (combine the last 2):

- ▶ What does it say? (summarize or draw a picture)
- ▶ What does it say about God?
- ▶ What does it say about people?
- ▶ What does God want me to do with this?
- ▶ What is one thing I can pass on to someone else?

Look at the picture of the flower for 30 seconds, list all the things you observe, then turn it over. Discuss what you saw. Now do it again. Did you see new things? Did others see things you didn't? This shows the layers of God's word. Each time we approach it we will see more and when we discuss it with others they will see things we may not.



# ABIDE

*Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.*

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# PRAY

## WHAT IS IT?

Prayer is a personal conversation with God; it involves listening and talking. Think of a close personal relationship in your life and how you talk to them. A conversation with God is similar.

- ▶ Prayer can be a silent conversation, talking out loud, or written out.
- ▶ There may be a variety of emotions and a variety of postures when we pray. Pray what is on your heart.
- ▶ Prayer is both intentional and as we go.

## HOW CAN WE DO IT?

There are many ways to pray. Here is one example as a guide and some ideas of how to pray.

### IDEAS TO ENHANCE YOUR PRAYER

- ▶ Carve out location and time to be consistent
- ▶ Come helpless and in faith
- ▶ Pray scripture - We can pray for ourselves and others by inserting names as we read scripture
- ▶ If you find yourself losing focus, try speaking out loud or writing your prayers

*“Pray, then, in this way:*

**(PRAISE)**

*Our Father who is in heaven, Hallowed be Your name.*

**(ASK & YIELD)**

*Your kingdom come. Your will be done, on earth as it is in heaven.*

**(ASK)**

*Give us this day our daily bread.*

**(REPENT)**

*And forgive us our debts, as we also have forgiven our debtors.*

**(ASK)**

*And do not lead us into temptation, but deliver us from evil.*

**(PRAISE & YIELD)**

*For Yours is the kingdom and the power and the glory forever. Amen.”*

### MATTHEW 6:9-13

*And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there [Jesus] prayed.*

### MARK 1:35

- P** Praise and Thank - acknowledge God's character and thank God for what He has done
- R** Repent - acknowledge/confess sin and turn away from it
- A** Ask - we can ask God anything in prayer
- Y** Yield - we trust His will to be done and submit our will to His (what do you want me to do, Lord?)

If you're not sure what to pray, know the Holy Spirit will guide you. "Likewise, the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words." Romans 8:26-27



# SERVE OTHERS

## WHAT IS IT?

Jesus humbled himself and provided us with a living example of how to love and serve others.

- ▶ **We serve others because he served us first. When we serve others, it brings glory to God** (Mat 5:16).
- ▶ Receiving what Christ did for us on the cross and desiring His glory is the motivation for us to serve others.
- ▶ John 13:35 - By this all people will know that you are my disciples, if you have love for one another.

## HOW CAN WE DO IT?

We can serve others intentionally, and as we go.

### INTENTIONAL

How can you use your Time and your Talents to serve others?

#### TALENT

1 Peter 4:10 says, "Each has received a gift, use it to serve one another, as good stewards of God's varied grace..." How can you use your gifts to serve others? (See also 1 Cor 12:4-6)

- ▶ How has God gifted you? What are you good at doing? This can be a natural talent or a spiritual gift. If you are unsure:
  - Pray and ask God.
  - Ask other Christians what they see in you.
  - Don't be afraid to try something.
- ▶ Are you regularly using your gifts to build up the body of Christ? How else could you use them?

#### TIME

Pray through your relationships. Who is God prompting you to serve by investing time with them?

- FAMILY**
- FRIENDS**
- NEIGHBORS**
- COWORKERS**
- CLASSMATES**
- CHURCH**

### AS YOU GO

There are 50+ "one another" commands in the New Testament. As we go throughout each day, these are some ways to serve others Biblically.

Read these verses. Who does the Holy Spirit bring to mind? How can you serve them?

- ▶ Galatians 6:2 - Bear one another's burdens
- ▶ Ephesians 4:32 - Be kind to one another; Forgive one another
- ▶ 1 Thessalonians 4:18 - Encourage one another
- ▶ 1 Peter 4:9 - Show hospitality to one another
- ▶ James 5:16 - Confess your sins to one another; Pray for one another

*"But whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many."*

**MARK 10:43-45**

*When he had washed their feet and put on his outer garments and resumed his place, he said to them, "Do you understand what I have done to you? You call me Teacher and Lord, and you are right, for so I am. If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have given you an example, that you also should do just as I have done to you."*

**JOHN 13:12-15**

# LOVE

John 13:34, John 15:12, John 15:17, Rom 13:8, 1 Thess 4:9, Heb 13:1, 1 Pet 1:22, 1 Pet 3:8, 1 Pet 4:8, 1 John 3:11, 1 John 3:14, 1 John 3:23, 1 John 4:7, 1 John 4:11, 2 John 5

# ENCOURAGE

2 Cor 13:11, 1 Thess 4:18, 1 Thess 5:11, Heb 3:13, Heb 10:25

## HAVE COMPASSION

Eph 4:32, 1 Pet 3:8

## BE HUMBLE

Eph 4:2, 1 Pet 3:8, 1 Pet 5:5

# GREET

Rom 16:16, 1 Cor 16:20, 2 Cor 13:12, 1 Pet 5:14

## BEAR IN LOVE

Eph 4:2, Col 3:13

## FORGIVE

Eph 4:32, Col 3:13

## LIVE IN PEACE

Mark 9:50, 1 Thess 5:13

**HONOR**  
Rom 12:10

**SPUR TO GOOD DEEDS**  
Heb 10:24

**BUILD UP**  
1 Thess 5:11

**BE SYMPATHETIC**  
1 Pet 3:8

**SERVE**  
Gal 5:13

**SPEAK SONGS**  
Eph 5:19

**DON'T PROVOKE**  
Gal 5:26

**HAVE EQUAL CONCERN**  
1 Cor 12:25

**OFFER HOSPITALITY**  
1 Pet 4:9

**INSTRUCT**  
Gal 15:14

**DON'T PAY BACK WRONG**  
1 Thess 5:15

**CONFESS**  
James 5:16

**SUBMIT**  
Eph 5:21

**HAVE THE MIND OF CHRIST**  
Rom 15:5, Phi 2:5

**ACCEPT**  
Rom 15:7

**DON'T LIE**  
Col 3:9

**DON'T DEPRIVE**  
1 Cor 7:5

**DON'T SLANDER**  
James 4:11

**PRAY**  
James 5:16

**DON'T JUDGE**  
Rom 14:13

**SPUR TO LOVE**  
Heb 10:24

**LIVE IN HARMONY**  
Rom 12:16

**BE KIND**  
Eph 4:32

**DON'T GRUMBLE**  
James 5:9

**DO GOOD**  
1 Thess 5:15

**BE LIKE-MINDED**  
1 Pet 3:8

**BE DEVOTED**  
Rom 12:10

**ADMONISH**  
Col 3:16

**BE GENTLE**  
Eph 4:2

**AGREE**  
Col 3:13

**BE PATIENT**  
Eph 4:2



*Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.*

#### **MATTHEW 6:19-21**

*Jesus looked up and saw the rich putting their gifts into the offering box, and he saw a poor widow put in two small copper coins. And he said, "Truly, I tell you, this poor widow has put in more than all of them. For they all contributed out of their abundance, but she out of her poverty put in all she had to live on."*

#### **LUKE 21:1-4**

# GIVE

## WHAT IS IT?

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God commands us to be people of generosity and charity. The Old Testament gives us the principle of tithing (the word tithe means a tenth of all God gives us – Malachi 3:8-10). In the New Testament, we see the principle is expanded to give generously and radically. We can think of 10% as a starting point, knowing that **God is most concerned about a heart of cheerful giving.**

We give because:

- ▶ All we have is God's (Psalm 24:1); **He is the owner and we are managers.**
- ▶ **Love of Christ motivates us** to give (2 Corinthians 8:9).
- ▶ Therefore, we **give cheerfully and generously from the heart** (2 Corinthians 9:6,7), laying out everything before God, asking what he wants us to do with what He has given us.
- ▶ Giving, or lack thereof, **reveals the true desires** and priorities of our hearts (Matt 6:19-21).

We should not give out of guilt or manipulation, but out of gratitude.

## HOW CAN WE DO IT?

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While serving others involves the **time** and **talents** God has entrusted to us; giving involves the **treasure** He has entrusted to us.

Here are some questions to help guide your heart:

### **INTENTIONAL**

- ▶ What does giving look like for me? Do I have a budget (a way to track what I am doing with God's stuff)? Do I budget giving first?
- ▶ Do I hold on to my possessions (really God's possessions) loosely or do I hold tightly?
- ▶ Is my giving dependent on circumstances?
- ▶ Am I giving generously to the local church?
- ▶ Am I taking care of my family?
- ▶ Do I regularly pray and ask God where else He would have me give?

### **AS YOU GO**

- ▶ Am I willing to give more than I planned as God prompts me to?
- ▶ What is stopping me from giving more?
- ▶ Am I asking God to help me see opportunities to give? What are opportunities to bless someone today?



# THE LORD'S SUPPER

## WHAT IS IT?

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*And he took a cup, and when he had given thanks he said, "Take this, and divide it among yourselves. For I tell you that from now on I will not drink of the fruit of the vine until the kingdom of God comes."*

*And he took bread, and when he had given thanks, he broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me."*

*And likewise, the cup after they had eaten, saying, "This cup that is poured out for you is the new covenant in my blood."*

**LUKE 22:17-20**

On the night before Jesus' death, He shared this meal with His disciples. The Last Supper took place during Passover, the Jewish celebration of God delivering them from Egypt. Jesus knew He would be dying soon and used this meal to symbolize His death and a new promise to His people. Jesus would deliver His people by dying on the cross.

- ▶ The broken bread represents His body given to us.
- ▶ The cup represents His blood shed for us.
- ▶ The blood symbolized a new covenant (or promise) between God and His people.
- ▶ By dying on the cross, He paid for our sins, thereby allowing a new relationship between God and us.

Jesus commands believers to continue this practice in order to remember what He did for us in His death and resurrection. As disciples today, we observe the Lord's Supper in remembrance of what Christ did for us. The Lord's Supper is a reminder, a symbol, a proclamation, that Jesus gave His life so that we could be saved.

## HOW CAN WE DO IT?

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We can do the Lord's Supper with any group of Christians:

- ▶ Our family or friends
- ▶ Church
- ▶ Lifegroup

Christians vary on how frequently we should do this. The important thing is that we do it and it is a meaningful time of remembrance.

Elements or items needed (substitute other elements if needed):

- ▶ Grape juice or wine to signify His blood
- ▶ Crackers or bread to signify His body

Here are some suggestions for taking the Lord's Supper:

- ▶ Take time to have a silent prayer of self-examination, confession and repentance before the Lord.\*
- ▶ Read Matthew 26:26-28.
- ▶ Remember the purpose of the bread: His body given – Take the bread.
- ▶ Remember the purpose of the cup: His blood shed – Take the juice.
- ▶ Take a moment to pray a prayer of thanksgiving.

*\*Scripture does give a warning not to take the Lord's Supper in an unworthy manner. If you are living in unrepentant sin or taking it for the wrong reason, it is best to hold off and seek God's direction. (Inwardly, examine yourself spiritually - 1 Corinthians 11:27-28)*